



WJHSD Elementary & Intermediate Lunch Menu May & June 2025

Lunch Prices

Student \$3.15/\$3.95(T)
Reduced \$0.00
Adult \$4.65/5.55(T)

Checks can be made payable
to "WJHSD Cafeteria Fund"

Online payments can be made
at www.payforit.com

Instructions can be found
at www.wjhsd.net

COOKOUT DAY MENU

Choose one:

**Hamburger or Cheeseburger
or Hot Dog**
Baked Beans
Carrot Sticks & Celery Sticks
Watermelon
Potato Chips
Icy Juicy
Choice of Milk

Check out what day your school is
having the cookout!!!

MC 5/9, GH 5/13, JHIS 5/15

Manage your child's lunch account
at www.schoolcafe.com

See what they are purchasing
Get low balance alerts
and more!

Instructions can be found
at www.wjhsd.net



John Rambo

Food Service Director
412-655-8610 x6270
jrambo@wjhsd.net

Monday	Tuesday	Wednesday	Thursday	Friday
5/5/25 Corn Dog on a Stick or Dutch Waffle Featured Veggies: Green Peppers Strips Curley Fries Choice of Fruit & Milk <i>WOW Butter & Jelly Lunch Pack</i>	5/6/25 Soft Shell Taco on a WG Tortilla or Pizza Sticks Featured Veggies: Shredded Lettuce & Tomato Chic Pea Salad Choice of Fruit & Milk <i>WOW Butter & Jelly Lunch Pack</i>	5/7/25 Chicken Mashed Potato Bowl(T) or Hot Ham & Cheese on a Pretzel Bun Featured Veggies: Mashed Potatoes Steamed Corn Choice of Fruit & Milk <i>WOW Butter & Jelly Lunch Pack</i>	5/8/25 Pulled BBQ Pork On a wg Bun or Toasted Cheese Sandwich Featured Veggies: Tomato Soup Coleslaw Choice of Fruit & Milk <i>WOW Butter & Jelly Lunch Pack</i>	5/9/25 MCES Cookout Day French Bread Pizza(T) or Cheese Pierogies Featured Veggies: Steamed Broccoli Carrot Coins Choice of Fruit & Milk <i>WOW Butter & Jelly Lunch Pack</i>
5/12/25 Spaghetti & Meatballs Garlic Bread or Chicken Patty On a wg Bun Featured Veggies: Steamed Green Beans Ceaser Salad Choice of Fruit & Milk <i>Pizza Lunch Pack</i>	5/13/25 GHES Cookout Day Nacho Grande or Taco Pizza Featured Veggies: Black Beans Tomato Salsa Choice of Fruit & Milk <i>Pizza Lunch Pack</i>	5/14/25 Ham & Cheese Sliders or Big Daddy's Pizza (T) Featured Veggies: Oven Fries Steamed Broccoli Choice of Fruit & Milk <i>Pizza Lunch Pack</i>	5/15/25 JHIS Cookout Day Bacon Cheeseburger(T) or Chicken Nuggets with Buttered Noodles Featured Veggies: Baked Beans Celery Sticks Choice of Fruit & Milk <i>Pizza Lunch Pack</i>	5/16/25 French Toast Sticks with Sausage or Turkey & Cheese Wrap Featured Veggies: Cherry Tomatoes Hash Brown Triangles Choice of Fruit & Milk <i>Pizza Lunch Pack</i>
5/19/25 Chicken Mashed Potato Bowl(T) or BBQ Rib Sandwich on a Whole Grain Roll Featured Veggies: Mashed Potatoes Steamed Corn Choice of Fruit & Milk <i>Yogurt Lunch Pack</i>	5/20/25 Walking Taco or Hot Dog On a wg Roll Featured Veggies: Green Beans Tater Tots Choice of Fruit & Milk <i>Yogurt Lunch Pack</i>	5/21/25 Boneless Wings(T) Choice of Sauce or Italian Dunker with Dipping Sauce Featured Veggies: Carrot Coins Celery Sticks Choice of Fruit & Milk <i>Yogurt Lunch Pack</i>	5/22/25 Penne Pasta with Meat Sauce or Chicken Patty on a wg Bun Featured Veggies: Green Beans Romaine Salad Choice of Fruit & Milk <i>Yogurt Lunch Pack</i>	5/23/25 Teacher In-Service  No School for Students
5/26/25 Memorial Day  No School	5/27/25 Soft Shell Taco on a WG Tortilla or Meatball Hoagie Featured Veggies: Oven Fries Cherry Tomatoes Choice of Fruit & Milk <i>Nacho Lunch Pack</i>	5/28/25 General Tso's Chicken (T) Served over fried rice or Mongolian Beef Featured Veggies: Steamed Broccoli Cucumber Slices Choice of Fruit & Milk <i>Nacho Lunch Pack</i>	5/29/25 Spaghetti with Meatballs or Pizza Sticks Featured Veggies: Steamed Green Beans Caesar Salad Choice of Fruit & Milk <i>Nacho Lunch Pack</i>	5/30/25 Macaroni & Cheese w/ soft pretzel stick or Stuffed Crust Pizza(T) Featured Veggies: Red Pepper Strips Romaine Salad Choice of Fruit & Milk <i>Nacho Lunch Pack</i>
6/2/25 Hot Ham & Cheese on a Pretzel Bun or Popcorn Chicken Featured Veggies: Oven Fries Celery Sticks Choice of Fruit & Milk <i>Breadstick Lunch Pack</i>	6/3/25 Chefs Choice or Mini Corn Dogs Featured Veggies: Black Beans Tomato Salsa Choice of Fruit & Milk <i>Breadstick Lunch Pack</i>	6/4/25 Chefs Choice or Chicken Patty On a wg Bun Featured Veggies: Sliced Cucumbers Romaine Salad Choice of Fruit & Milk <i>Breadstick Lunch Pack</i>	6/5/25 Last Day Of School!!! Half Day!!! NO LUNCH SERVICE!!! 	6/6/25  See you in August!!

Looking for Nutritional information? Go to SchoolCafe.com. Instructions are on the District Website

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, fat-free chocolate, vanilla and strawberry

Weekly Vegetable Subgroups May Include:

Dark Green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy White - potatoes, corn, peas and lima beans
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Leave Your Lunch at Home

Daily entrée alternate options may include:

Garden Salad with Grilled Chicken and a Whole Wheat Roll
or
WOW Butter & Jelly Sandwich

Try Our Version of the Launchable, the "Lunch Pack"!!! The Lunch Pack of the week choices may include: Yogurt and Cheesy Stick, Make your Own Pizza, Ham & Cheese Cubes with Crackers, Grilled Chicken with Crackers, Nacho Chips with Salsa and Shredded Cheese, or Breadsticks with Dipping Sauce. All come with a fruit, a vegetable, and a milk included!